

PRIMARY PCI IN STEMI: STATE-OF-ART

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PPCI in STEMI
12 March 2015







CLINICAL DATA

- EMABS
- 76 Years
- Type 2 DM
- Obese
- Ex smoker







EMERGENCEY D

Monday 9 march 2015

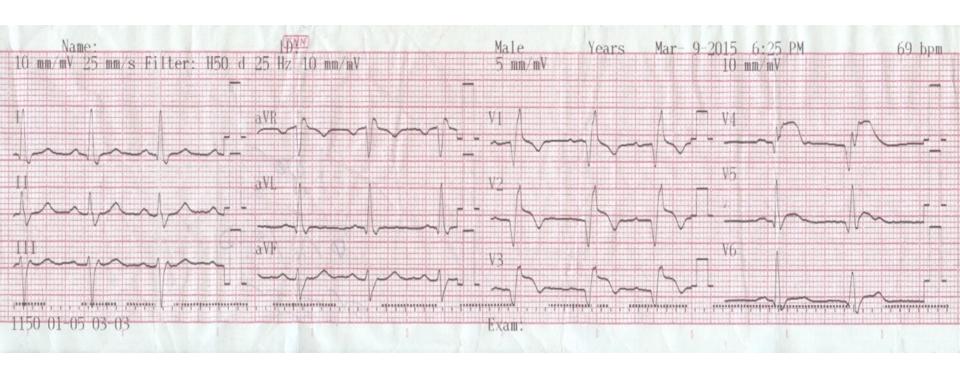
- ED
- Acute severe typical prolonged chest pain
- Maintained hemodynamics
- ECG: STEMI (Anterior MI) + RBBB
- ECHO:
 - RSWMA in LAD territory
 - EF 45%







Pre ECG 9 march 2015









Therapy

- Pain control
- DAP
- INTERGLIN
- SK not avilable
- Coronary angiography
- Primary PCI 10 Hours after FMC







RCA









LEFT SYSTEM spider using guiding XB 4 7F

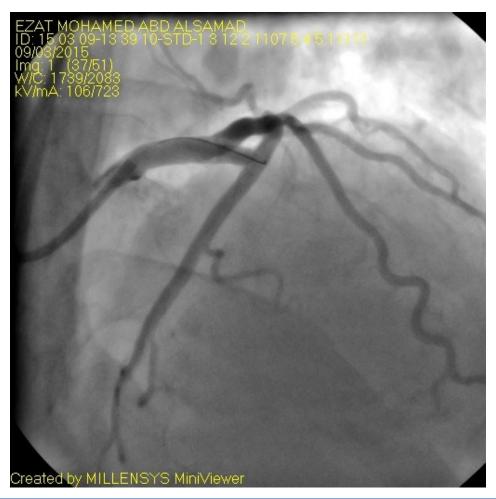








Wiring of the lesion pilot 50









SUPPORT WITH BAALLOON









Where we are?









Where we are?

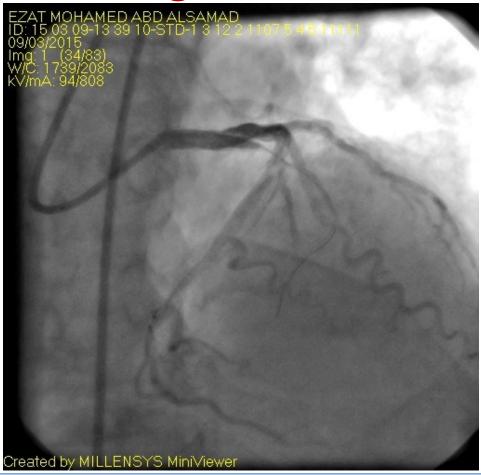








Where we are? IC intergrlin and NTG















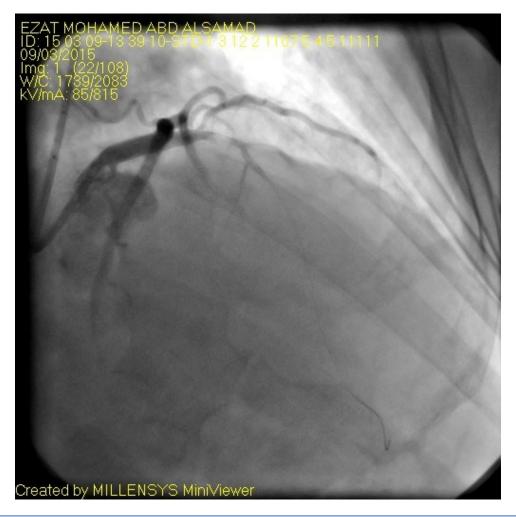
























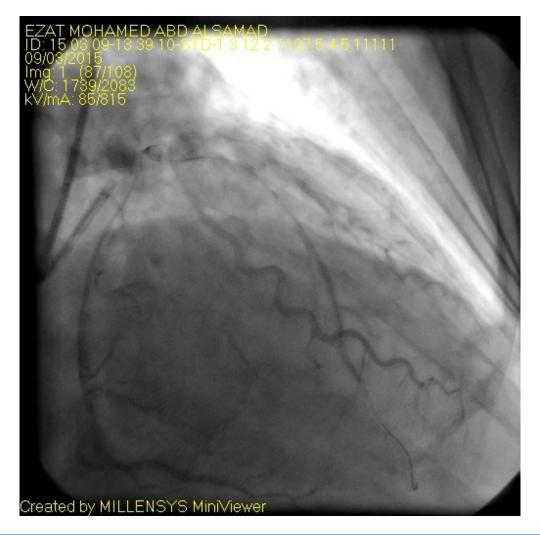




















What to do ?

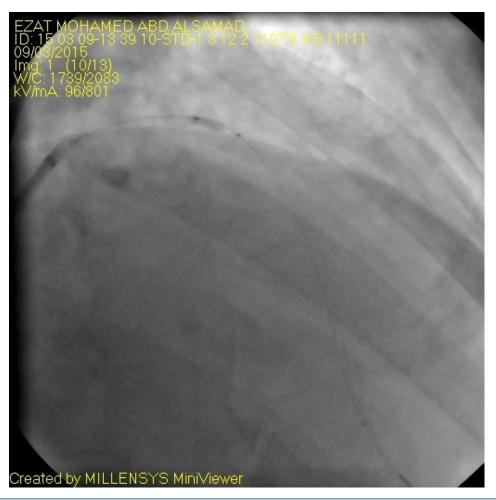
Thrombus Aspiration or Balloon Dilatation







2 × 20 mm







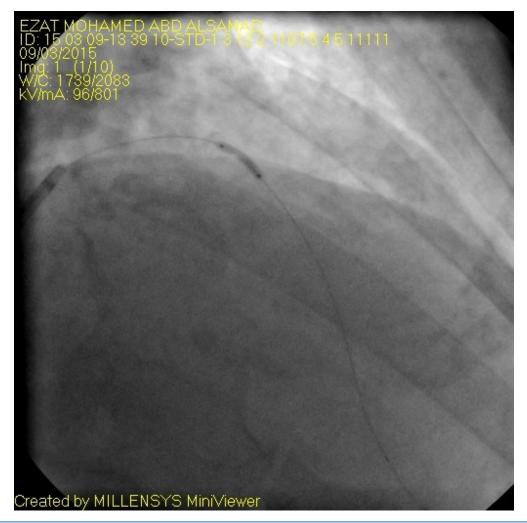








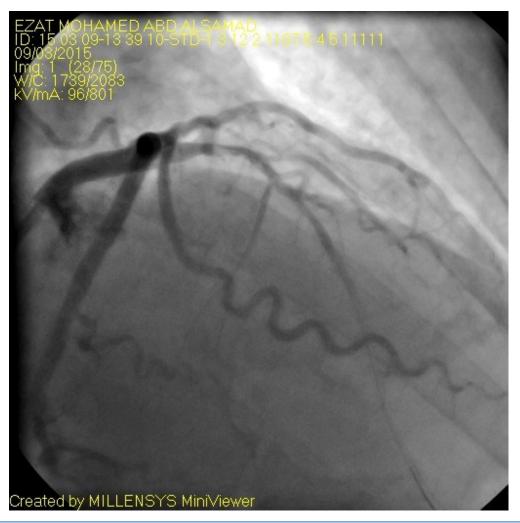
















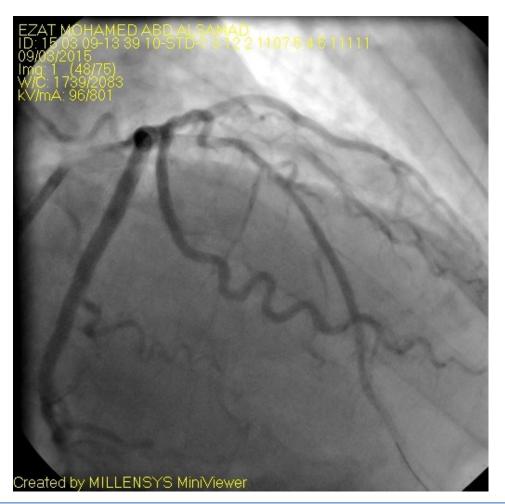








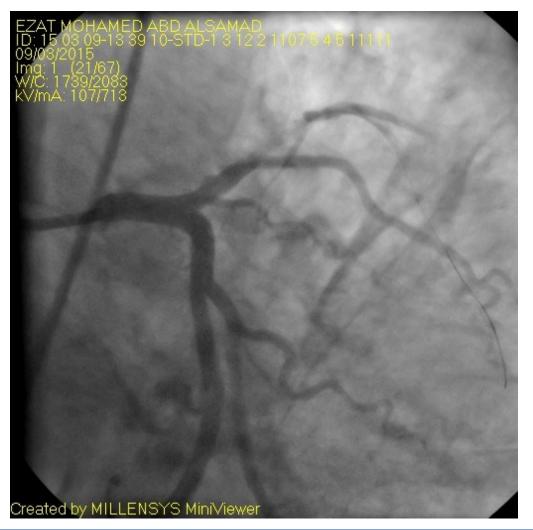


















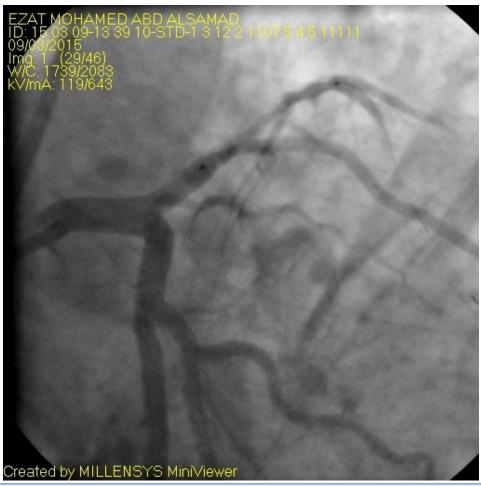








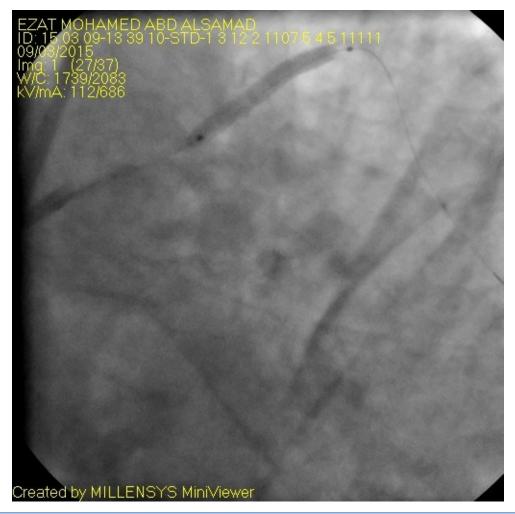
Endaveor resolute 3.5 × 38







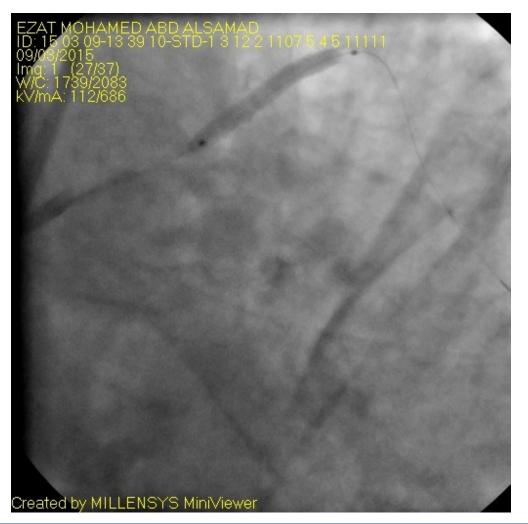




















































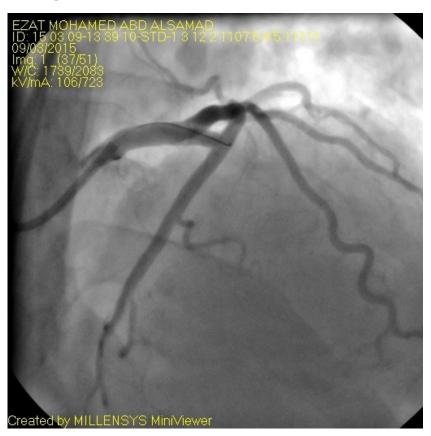






Angiographic success

BASLINE



FINAL

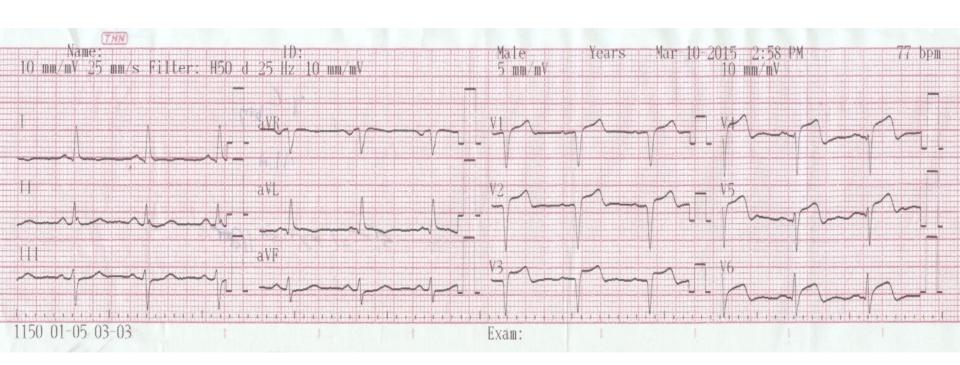








Post-PCI ECG









Post-PCI cource

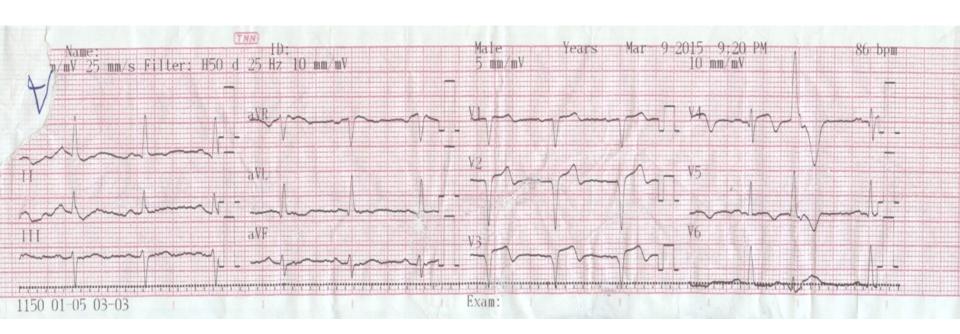
- Pain-free
- Stable hemodynamics
- Electrically stable
- ST resolution and disappearance of RBBB
- Maintained LV dimensions and function
- Discharge at 72 hours
- Clinical success







Pre-discharge ECG



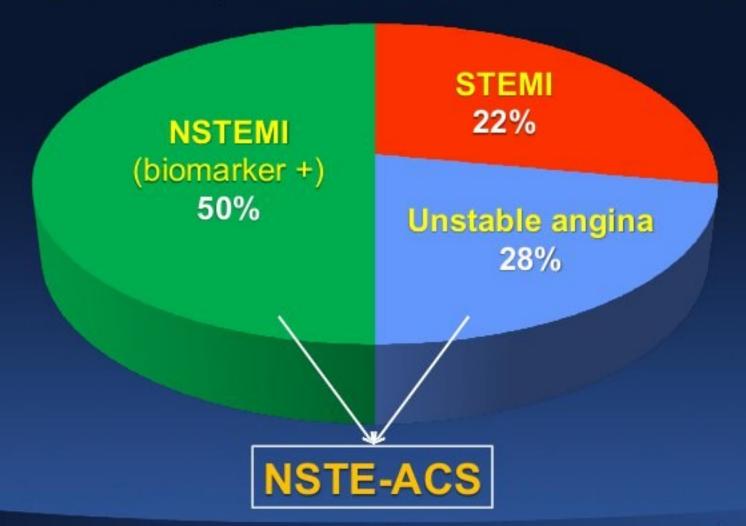






Acute Coronary Syndromes

1.41 million hospital admissions for ACS in 2010

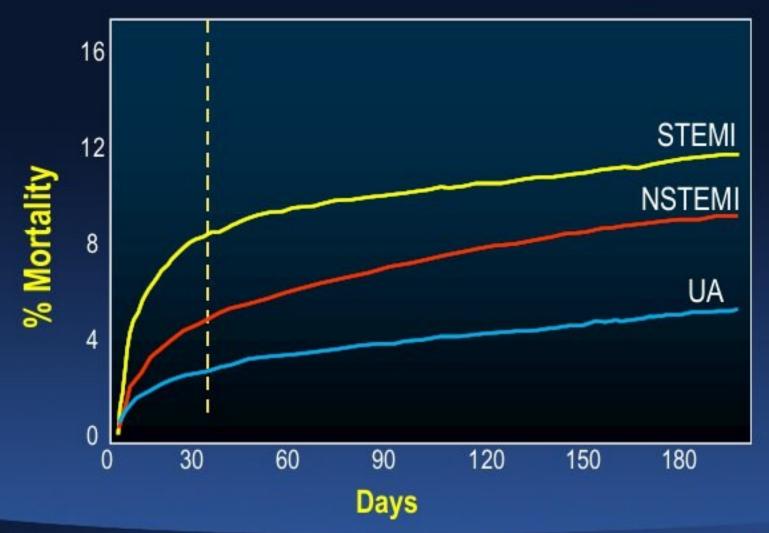






Mortality in Acute Coronary Syndromes

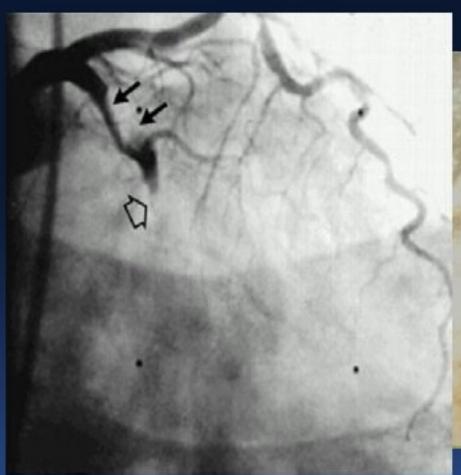
Death from admission to 6 mos (GRACE n=43,810)







AMI: Pathophysiology



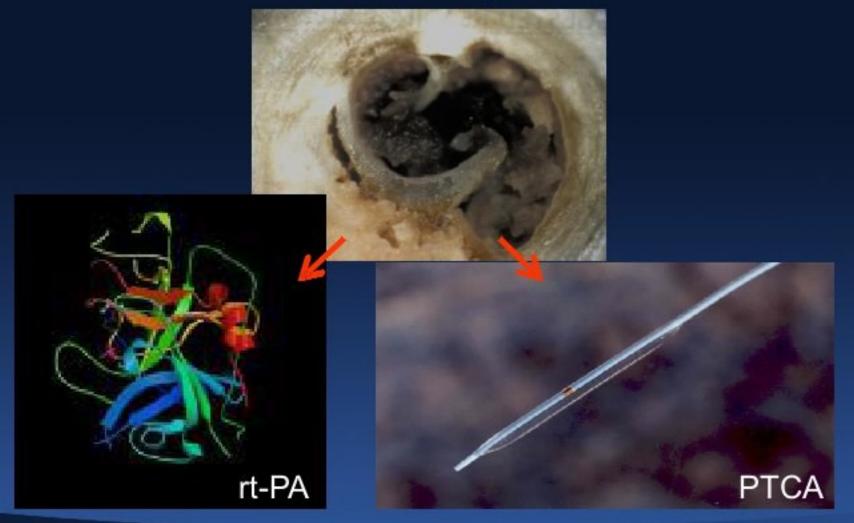


Ruptured plaque with occlusive thrombus

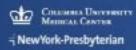




Treatment of Acute Coronary Thrombosis: The reperfusion wars





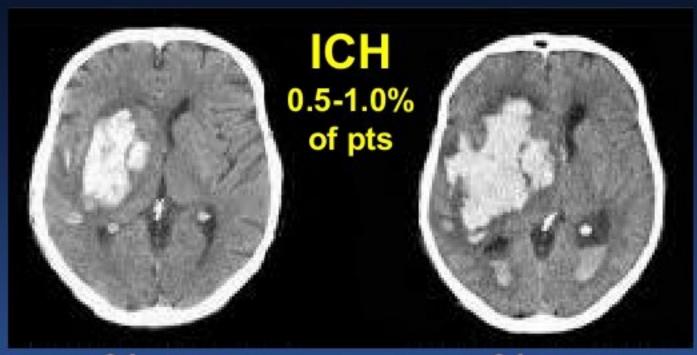


Fibrinolytic therapy

Did save lives compared to placebo, BUT

- At best, restored TIMI 3 flow in 55% (rt-PA), +
- 1 Incidence of recurrent ischemia and reinfarction



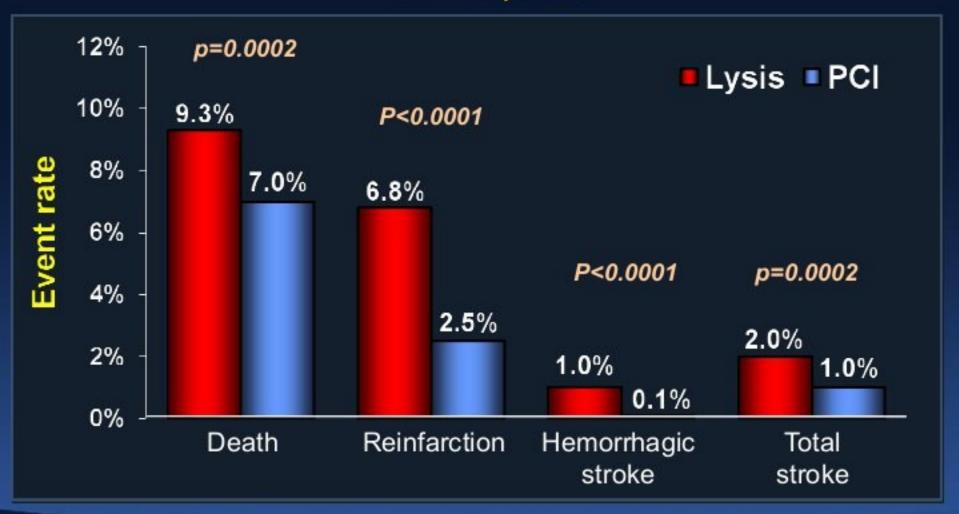


2 hours after t-PA 6 hours after t-PA

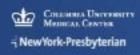




From PAMI to $\underline{23}$ RCTs of PCI vs. Lysis N = 7,739



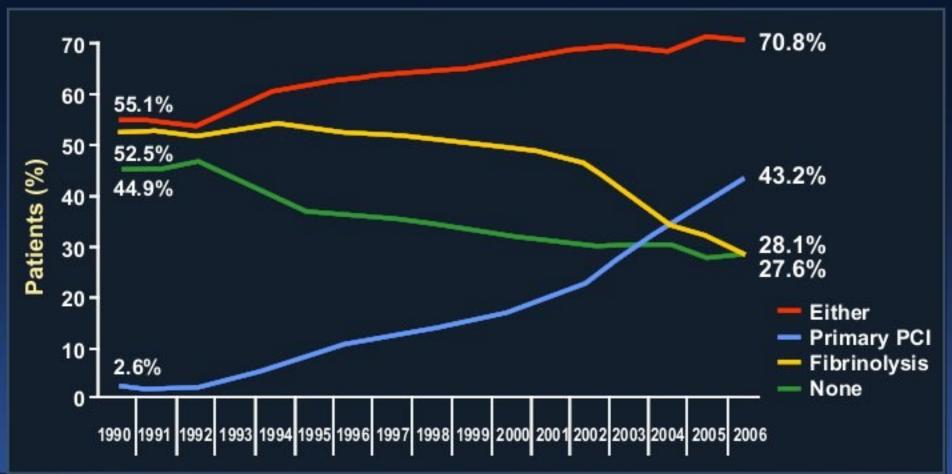




NRMI: Evolution in Reperfusion

774,279 reperfusion eligible STEMI pts at 2,157 hospitals from 1990-2006

Type of Reperfusion Therapy



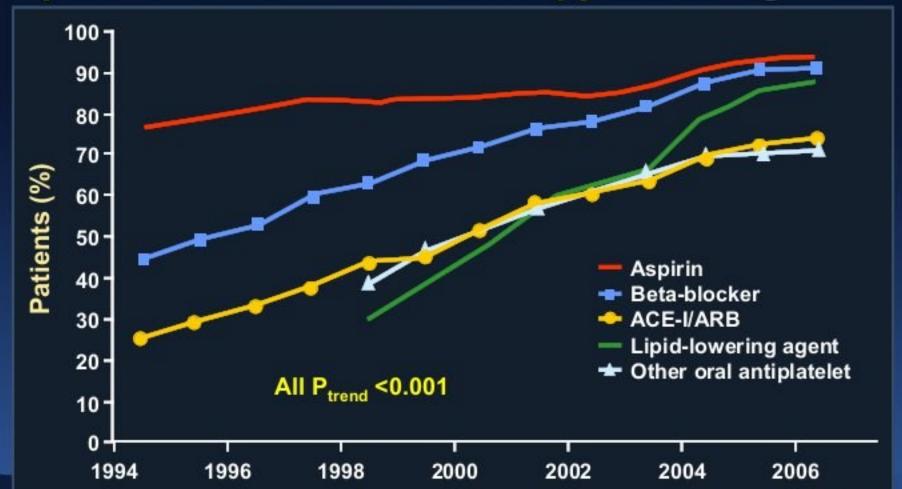




NRMI: Evolution in Reperfusion

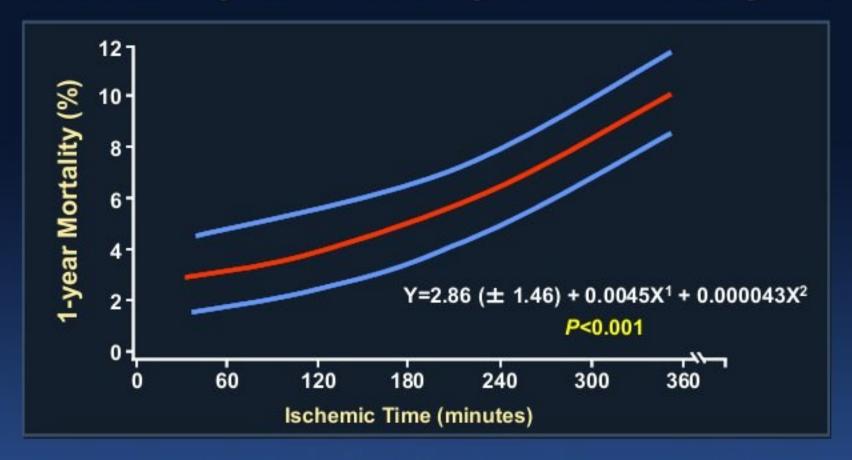
1,146,609 STEMI pts at 2,157 hospitals from 1990-2006

Improvements in Medical Therapy: Discharge Meds





Time from Symptom Onset to Treatment Predicts 1-year Mortality after Primary PCI



The relative risk of 1-year mortality increases by 7.5% for each 30-minute delay





Evolution of Primary PCI

Device

PTCA



Bare metal stents



Drug-eluting stents

Drugs

Heparin



Heparin + GPIIb/IIIa



Bivalirudin + ADP antagonists



STEMI Success has Plateaued! Remaining challenges in STEMI reperfusion therapy

- Further reductions in DBT (apparently) not beneficial.
 - Symptom time to first medical contact unchanged
- Suboptimal salvage of myocardium
 - Reperfusion success only ~65%
 - In part due to distal embolization
 - Reperfusion injury
- Mortality remains high in cardiogenic shock and outof-hospital cardiac arrest
- Ongoing inflammation → high rates of non-culprit lesion-related events

A PRINTED BY STREET

Therapies to Enhance Myocardial Recovery

Epicardial Reperfusion/ Systems of care

Regionalization of STEMI care
Pre-hospital ECGs
Pre-hospital cath lab activation
Bypass non-PCI hospital
Bypass PCI-hospital ED
Onsite primary PCI team

Microvascular integrity/ function

Thrombus aspiration
Intracoronary abciximab
MGuard stent
Adenosine
Sodium nitroprusside
Ca+2 channel blockers

Myocardial Reperfusion/ Recovery

Cell Therapy

Autologous endothelial/bone marrow progenitor cells Cardiac stem cells

Cardioprotection

Pre- and post-ischemic conditioning
Non-infarct related artery reperfusion
Mechanical LV unloading
Cyclosporine
Mitochondrial targeting peptides
Losmapimod
Exenatide
Nitric oxide
Supersaturated oxygen

Hypothermia

NewYork-Presbyterian



Microscopic distal emboli and no reflow



TIMI 3 flow with absent micro-vascular perfusion





Approaches to Thrombus in STEMI All promising, none yet definitive



Aspiration



Intralesion GPIIb/IIIa





NewYork-Presbyterian

Mechanical Approaches to Thrombus

Thrombus aspiration

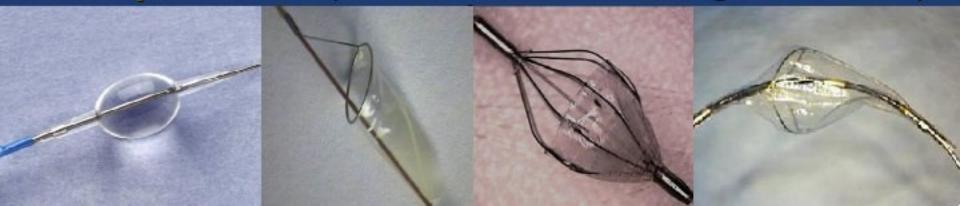
(Rinspirator, Pronto, Export, Rescue, Diver CE, etc.)

Thrombectomy (AngioJet, X-Sizer)





Distal protection (GuardWire, FilterWire, AngioGuard, etc.)



Distal Protection and Thrombectomy in AMI

Macroscopic embolic debris can be retrieved from >75% of cases









How effective is manual thrombus aspiration?



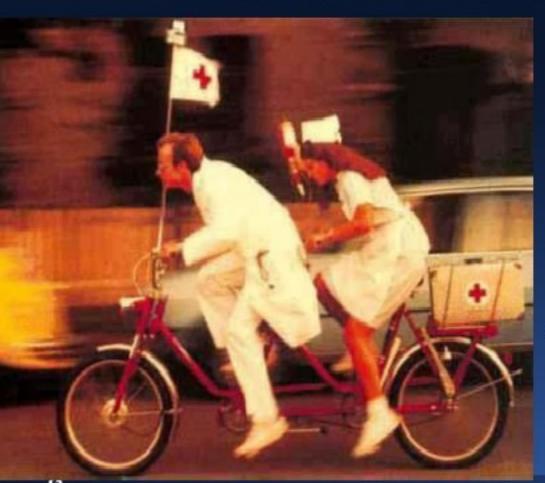
Pre Aspiration

Post aspiration





Do whatever it takes to reduce time from symptom onset to ER arrival and time from ER arrival to PCI!



↑ Public awareness of MI Sx

Chest pain centers of excellence with lower DBTs and excellent outcomes

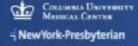
Regional coordination

Ambulance ECG telemetry

Ambulance/ER CCL activation

ICs sleep in hospital

Continual QI



Treatment of STEMI Conclusions

- STEMI comprises ~22% of all ACS admissions; the incidence is falling, and the case fatality rate is also markedly decreasing, explaining much of the survival in pts with coronary heart disease
- Rapid reperfusion with primary PCI saves lives and prevents recurrent ischemia and reinfarction with STEMI – the faster the better! But there may be diminishing gains...
- The evolution from PTCA to BMS to DES has reduced recurrent ischemia and restenosis, but not death or MI
- Myocardial salvage is suboptimal in STEMI, and new strategies are required to reduce infarct size



References:

State-of-the-Art in ACS and STEMI Gregg W. Stone MD, Columbia University Medical Center Cardiovascular Research Foundation

Journal of the American College of Cardiology © 2013 by the American College of Cardiology Foundation and the American Heart Association, Inc. Published by Elsevier Inc. Vol. 61, No. 4, 2013 ISSN 0735-1097/\$36.00 http://dx.doi.org/10.1016/j.jacc.2012.11.019

PRACTICE GUIDELINE

2013 ACCF/AHA Guideline for the Management of ST-Elevation Myocardial Infarction

A Report of the American College of Cardiology Foundation/ American Heart Association Task Force on Practice Guidelines







